



**CONNECTICUT
NURSES
ASSOCIATION**

Unity Through our
Differences

2021

1



**Hartford
HealthCare**

Hartford Hospital

Premier Sponsor

2

UConn

SCHOOL OF NURSING

Premier Sponsor

3




Wheeler


COMMUNITY | HEALTH | CARE

Premier Sponsor

4



**RECORDING
THIS SESSION**



eLearning for Nurses

Access certification courses and professional development from anywhere you have an internet connection. Don't be just a student. Enjoy the convenience and efficient learning when you learn after work!

Health & Wellness Career Course Catalog

Aromatherapy Nursing Pathways and Opportunities: All About APN's All Course Offerings

5

Evaluation/Certificate

- Attend 90 percent of the Convention
- Evaluation
- Certificate




Connecticut Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation




6

Disclosures




There are no planner or presenter conflicts of interest for this program




7

Learner Outcomes




- Report knowledge gain related to diversity, equity and inclusion
- Report confidence in implementing strategies to promote diversity, equity and inclusion into their professional practice.
- Report intent to change their practice based on content from this educational activity.




8

Convention Engagement Guide

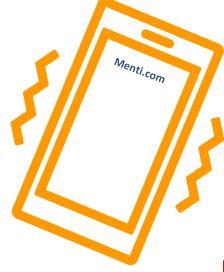


- PDF of the slide deck
- Polls and Chats




9

In ONE word how are you feeling this morning?




- Grab your phone
- Open your browser (safari, chrome, Firefox)
- Menti.com



10

Go to www.menti.com and use the code 9215 1829

One word to describe how you are feeling today




11

Go to www.menti.com and use the code 9215 1829

I am a

- RN
- APRN
- LPN
- Nursing student
- Other



12

Go to www.menti.com and use the code 9215 1829

I work in

Mentimeter

- Acute Care
- Long term care/sub acute
- Home care
- Public/Community Health
- Academic
- Business
- Government
- Other

13

Professional Development to Practice

CONNECTICUT NURSES ASSOCIATION *Taking Action*

Personal Reflections – Ah Ha moments	Action Items In my nursing role I will...	Action Items I am going to...bring back to my workplace setting or colleagues
Welcome		
1.		
2.		
3.		

CONNECTICUT NURSES ASSOCIATION

14



15

Agenda

- 9:00 - 9:30 am CREATING OUR SHARED SPACE
- 9:30-10:15 DISPARITIES IN MATERNAL HEALTH
- 10:15 - 10:45 VISIT THE EXHIBITORS
- 10:45-11:30 STORYTELLING: DISPARITIES THROUGH THE EYES OF HEALTHCARE PROFESSIONALS
- 11:30-12:15 NURSES TAKING A STAND: THE INTERSECTION OF RACISM AND HEALTH
- 12:15-12:30 CLOSING

16

Wendy Garvin Mayo

MSN, APRN, ANP-BC

- Founder & CEO Stress Blueprint
- Adult Nurse practitioner, Outpatient Hematology/Oncology Hartford Healthcare
- President, Central CT Oncology Nursing Society

CONNECTICUT NURSES ASSOCIATION

17

Go to www.menti.com and use the code 9215 1829

What makes you feel welcome in a group?

MENTIMETER

CONNECTICUT NURSES ASSOCIATION

18

Go to www.menti.com and use the code 9215 1829

Remember a time you felt excluded. Why did you feel this way?

Press 9 to show image

19

<https://www.youtube.com/watch?v=xGj1A90X94>

CONNECTICUT NURSES ASSOCIATION

20

Go to www.menti.com and use the code 9215 1829

What does the Serena video mean to you personally and in your nursing practice?

Press ENTER to guess answer Press 9 to show image

21

Khadija Gurnah
MPH

Public Health Practitioner & Advocate

CONNECTICUT NURSES ASSOCIATION

22

Racial/Ethnic Disparities in Pregnancy-Related Deaths — United States, 2007–2016

Data confirms significantly higher pregnancy-related mortality rates among Black and American Indian/Alaskan Native women. These gaps did not change over time.

700 About 700 women die each year in the U.S. as a result of pregnancy or its complications.

2-3x American Indian/Alaska Native and Black women are 2 to 3 times as likely to die from a pregnancy-related cause than white women.

Disparities Across the Nation

State pregnancy-related mortality ratios (PRMR) were placed equally into three groups: high, medium, and low and the PRMR was further calculated by race/ethnicity for each group. Even in states with the lowest PRMR, the PRMR for Black women was about 3 times as high as the PRMR for white women.

Disparities by Age

Inequities increase by age with the disparity for black and AI/AN women older than 30 years four to five times that of their white counterparts. For example, the disparity ratio for black women compared to white women ranged from 1.5 among the <20 years age group to 4.3 for the 35–34 years age group.

Disparities by Education Level

The PRMR for black women with at least a college degree was 5 times as high as white women with a similar education.

5X

<https://www.cdc.gov/reproductivehealth/maternal-mortality/disparities-pregnancy-related-deaths/info-graphic-disparities-pregnancy-related-deaths-h.pdf>

23

24



Wendy Garvin Mayo
MSN, APRN, ANP-BC

- Founder & CEO Stress Blueprint
- Adult Nurse practitioner, Outpatient Hematology/Oncology Hartford Healthcare
- President, Central CT Oncology Nursing Society



25



Maryann Perez Brescia, PhD candidate, MSN, RN
Vivienne Friday, EdD, MSN, RN, CNE
Kim Kim, MSN, RN, CDECS
Tina Loarte-Rodriguez, MSN, RN, CIC, CPPS, CPHRM

Sharing through Stories
Disparities through the Eyes of Healthcare Professionals

26

Go to www.menti.com and use the code 9215 1829

Have you ever experienced or witnessed racism?

0 Yes 0 No

27


Share your stories to further the examination and understanding of racism in nursing



National Commission to Address Racism in Nursing

<https://www.nursingworld.org/practice-policy/workforce/clinical-practice-material/national-commission-to-address-racism-in-nursing/>

28



Justin Drew, MSN, RN, NEA-BC
Sasha DuBois, MSN, RN
Cassandra Mombrun, MSN, RN, CPNP-PC
Amanda Stefancyk Oberlies, PhD, MBA, RN, CENP
Nadia Raymond, PhDc, MSN, MHA, RN

**Nurses Taking a Stand;
The Intersection of Racism and Health**

29

The Nurse's Pledge to Champion Diversity, Equity, and Inclusivity

As a nurse, I pledge to:

- Actively listen to learn
- Champion strategies that advance equity
- See, hear, and accept people from every race and culture
- Promote the practice of self-assessment from unconscious biases
- Examine my practice and consider methods I can employ to stop contributing to systemic racism
- Be anti-racist, and stand with and stand up for, those with racially and culturally diverse backgrounds
- Foster a culture of diversity within my sphere of influence
- Advocate for anti-racist training in formal education
- Hold myself and others accountable to committing to reforms and actions
- Pursue social justice by listening and engaging in dialogue with others, even when it is uncomfortable
- Support legislative efforts aimed at eliminating racism and discrimination, and supporting basic human rights
- Educate myself about systemic injustice, and then use my trusted voice to influence and education others,

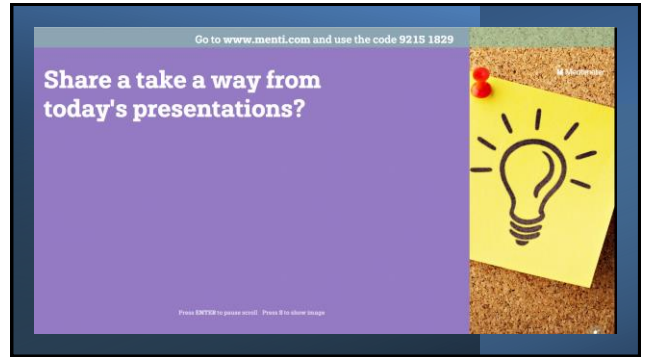
Sasha DuBois MSN, RN, President
New England Regional Black Nurses Association, Inc.

Patricia Samra MS, RN, President
Organization of Nurse Leaders, Inc.

30



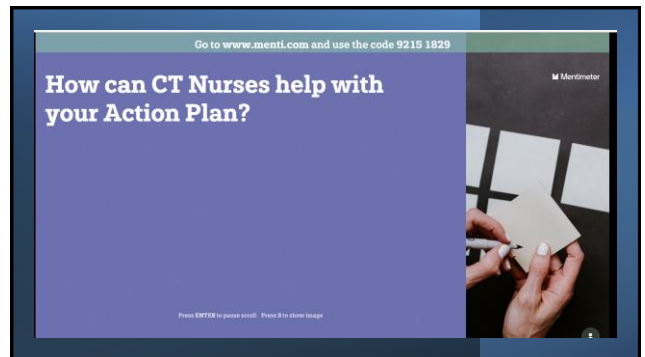
31



32



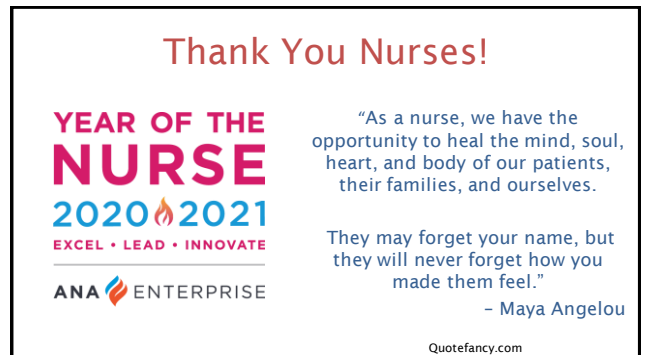
33



34



35



36

Evaluation & Certificate
Wait for the Link

Thank you for sharing
your thoughts with us.

